FOOD SECURITY

THESSALON FIRST NATION

WILLIAM BISAILLON



The ole saying "we are what we eat"

SO HOW DO WE GO FROM THIS TO

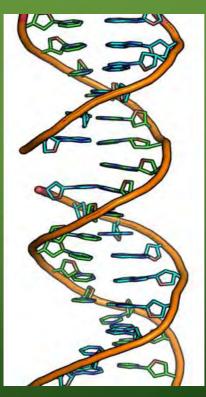


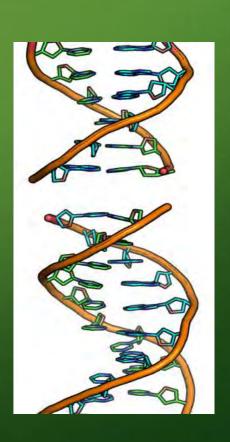


THIS

WHOAREYOU







WHAT IS YOUR HISTORY







YOUR LAND

YOUR FOOD

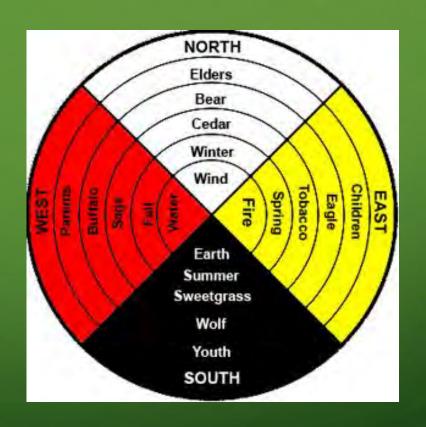
YOUR CONNECTION

OUR HUNTING GROUNDS





IDENTITY



PLANTING WHOLE VEGETABLES





PLANTING FRUIT



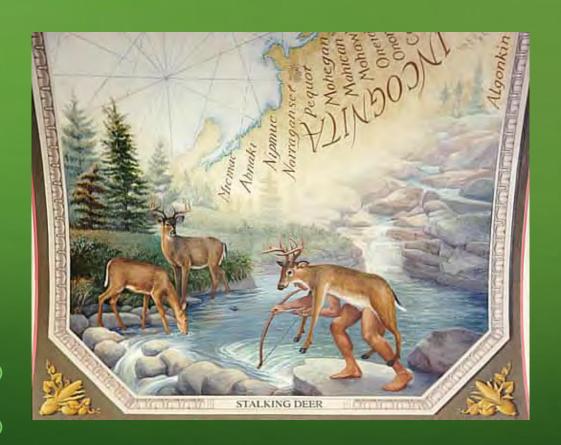


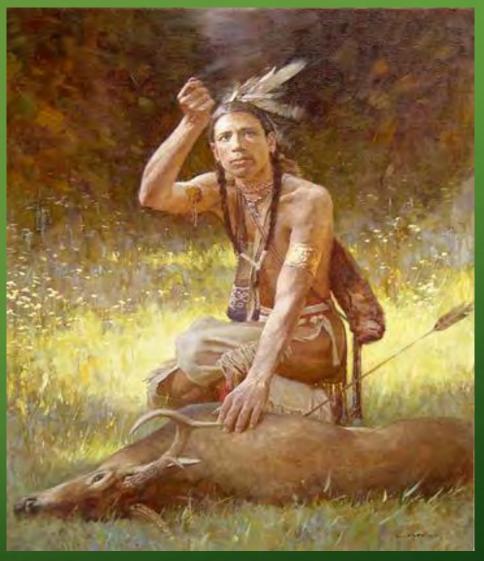
HANDING DOWN TRADITION





HUNTING





FISHING





BERRY PICKING





FOLLOWING THE SEASONS BERRIES





EATING NATURAL FOODS









By planting wildlife food plots, you may be able to attract Wild Turkeys to your land. Photo by Kerry Wixted





WITH NATURAL FOODS OF TODAY AND HEIRLOOM VEGETABLES AND TECHNICS OF YESTERDAY.















WE ARE WHAT WE EAT

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