

DEXTRIN CARMEL CORN SWEETENER
MALT SYRUP HONEY AGAVE
EVAPORATED CANE SYRUP DEXTROSE BROWN RICE SYRUP
FRUCTOSE BEET SUGAR
GLUCOSE
EVAPORATED CANE JUICE
CORN SYRUP OR
CORN SYRUP SOLIDS SUCROSE



LOOK FOR THESE WORDS AS
SOURCES OF ADDED SUGAR



National
Aboriginal
Diabetes
Association

Association
Nationale
Autochtone
du
Diabète