

NATIONAL INDIGENOUS DIABETES ASSOCIATION SUMMER 2025 NEWSLETTER



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EXECUTIVE DIRECTOR MESSAGE

Taanishi. (hello in michif)

Please enjoy this edition of
the Summer NIDA newsletter.

Maarsii. (thank you in michif)



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Taanishi,

As the air turns crisp and we move into the fall season, I find myself reflecting on the incredible energy that carried us through the summer months, even if this summer newsletter is reaching you a little later than planned. The past few months have been filled with growth, connection, and momentum at the National Indigenous Diabetes Association (NIDA), and I'm excited to share some of those highlights with you.

In May, NIDA hosted our largest gathering to date, the 2025 National Indigenous Diabetes Conference, held on Treaty 1 Territory in Winnipeg. We welcomed over 400 participants representing more than 85 Indigenous Nations from across the country. It was a powerful reminder of what can happen when Indigenous voices, knowledge systems, and relationships come together to lead the way in diabetes prevention and wellness. Maarsii to everyone who joined us and helped make the gathering such a success.

As we transition into fall, our work continues in full force. Through our National Engagement reagarding an Indigenous Diabetes Framework project — led in partnership with Waapihk Research Inc., Narratives Inc., and NVision Insight Group — we are continuing to host engagement sessions with First Nations, Inuit, and Métis Peoples across the country. These conversations are helping to shape the distinction-based pathways that will guide future diabetes prevention, care, and policy in Canada. If you or your Nation would like to participate, we encourage you to reach out and be part of this important work by emailing nationalengagement@nada.ca.

We are also accepting nominations for the Caroline Daigneault Diabetes Shkaabe Award, which honours the late Elder Caroline Daigneault's leadership, compassion, and lifelong commitment to diabetes wellness in Indigenous communities. If you know someone making a meaningful difference in diabetes prevention or care, please visit nada.ca/caroline-daigneault to submit a nomination.

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This edition of our newsletter includes updates and opportunities to stay connected with NIDA's network:

- **CATSA Engagement Opportunity:** The Canadian Air Transport Security Authority is inviting people who travel with medical devices (like insulin pumps and CGMs) to share their experiences to improve accessibility and training for airport screening officers.
- **Indigenous Vendor Call – Diabetes Canada/CSEM Conference:** NIDA and Diabetes Canada are co-hosting an Indigenous Artisan Market this November in Toronto. Indigenous artists and makers are invited to apply to showcase their work and culture.
- **Free Registration for Indigenous Health Care Providers:** Indigenous health professionals can register at no cost for the 2025 Diabetes Canada Professional Conference using code PC25IHCP.
- **Save the Date – 2027 NIDA AGM:** November 25th 2025 in Toronto, ON in conjunction with the Diabetes Canada Professional Conference. Please email Sylviasentner@nada.ca to have a say in our governance and board.
- **Save the Date 2027 Conference:** We're excited to announce our next National Indigenous Diabetes Conference will take place May 12–14, 2027, at The Westin Ottawa, with the Indigenous Community of Practice of Canada's Tobacco Strategy (ICP-CTS) Gathering held May 10–11, 2027. More information will be shared in our next newsletter.

Thank you for walking with us and for continuing to support NIDA's vision of living in a good way through relationships, knowledge, and collective action that promote health and wholistic well-being for all Indigenous Peoples.

All my relations,
Céleste Thériault

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Invitation to a Consultation with the Canadian Air Transport Security Authority (CATSA) October 2025

We are reaching out to you today on behalf of the Canadian Air Transport Security Authority (CATSA) to ask for your input and support. CATSA continues to refine the training content and procedures for Screening Officers across the country to ensure that we maintain our commitment to improving accessibility.

Background

As part of CATSA's goals for 2025/2026, we are looking to provide more insight to our Screening Officers with respect to medical devices and what they can do to provide a positive screening experience for persons travelling with these items.

In the summer of 2025, CATSA held a multi-day consultation session to better understand the barriers that exist for members of the travelling public that have disabilities or requirements for accommodation. Following a recommendation that stemmed from this session, we are looking to further engage with persons who travel with medical devices (e.g., CPAP machines, Continuous Glucose Monitors [CGMs], insulin pumps). This type of consultation process allows CATSA to collect feedback and recommendations directly from persons with lived experience to support the update of our training content and procedures for Screening Officers.

What is CATSA?

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CATSA is a crown corporation, responsible for the screening of passengers and their baggage/items at Canadian airports. CATSA trains and certifies Screening Officers to use different technologies including hand held and walk through metal detection equipment, explosive trace detection equipment, and full body scanners. CATSA also trains and certifies Screening Officers on procedures that include physically searching people and their baggage and items, including any mobility or medical aids.

Why is this relevant to you?

CATSA aims to ensure that the lived experiences of people who travel with medical devices are acknowledged and considered in updates to our training programs and procedures. Your valuable insight will greatly enhance these updates as they will be shaped by the feedback of individuals with lived experiences.

Video format

The consultation process and video recording will take place on Microsoft Teams, where our project lead and training developer(s) will ask questions and record the video and audio answers.

We would follow this general format for our consultation/video:

-

Brief introduction

-

[you] provide your feedback on the approach CATSA is taking with respect to the development of this training

-

Explain [your] experiences (challenges and positives) when going through security screening

-

Describe how Screening Officers can help through the screening process and any steps a Screening Officer could take to 'facilitate' the screening experience

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CATSA is committed to using people with lived experiences to demonstrate the appropriate ways to interact with passengers throughout the screening process. We also seek to ensure diversity in the voices that share their stories.

Timing

We anticipate taking approximately one hour to record the video via Microsoft Teams.

Remuneration

CATSA will be offering remuneration of \$200 per person.

Consent Form

In order to be filmed, the participant must sign a release waiver consenting to allow us to use the video in our training.

As CATSA is committed to an inclusive process, please advise us should you require assistance or an accommodation to participate (for example, need for a support person, assistance in completing digital forms, setting up the MS Teams call, sign language interpretation, etc.).

We are thankful for your cooperation and input to ensure CATSA's training is developed with the intention to address the needs of all passengers.

Thank you,

Gabrielle Millette

Program Advisor, Regulatory Affairs and Operations Policy

Canadian Air Transport Security Authority

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CALL FOR *Indigenous Artisans*



National
Indigenous
Diabetes
Association

Association
nationale
autochtone
diabète

Opportunity for Indigenous Vendors

Location: Toronto, ON

Event: Diabetes Canada/CSEM 2025 Professional Conference

Indigenous Artisan Market

Date & Time: Friday, November 28, 2025 | 9:00 AM – 5:00 PM

Venue: Metro Toronto Convention Centre



www.nada.ca

CALL FOR INDIGENOUS VENDORS

Indigenous Artisan Market

2025 Diabetes Canada/CSEM Professional Conference



We are looking for Indigenous vendors who are interested in selling their work for one day only at the 2025 Diabetes Canada/CSEM Professional Conference. This is a great opportunity to showcase and sell your products to a large and diverse audience.

Description:

Friday, November 28, 2025, from 9am to 5pm EST

Location: Metro Toronto Convention Centre (255 Front St W, Toronto, ON)

In an effort to celebrate and support Indigenous people, culture and heritage, Diabetes Canada (DC), in partnership with the National Indigenous Diabetes Association (NIDA), are honoured to host the Indigenous Artisan Market. This unique one-day event will feature a diverse range of authentic art and craft, including: beadwork, textiles, clothing and other creative expressions. Direct payment to vendors will be available through cash and alternative payment methods. 100% of sales go directly to the artisans.

- Selected artisans will receive a free vendor table courtesy of NIDA and DC.
- Artists must be able to take their own form of payment, cash, e-transfer and square or credit cards, etc.
- Artisans must make their own travel, parking and meal arrangements as no support is included for this.
- 10 artisans will be selected.

The Indigenous Science and Content Stream Committee will select final artisans as a group. Artisans selection will be based off variety of various crafts.

NO FOOD SALES ARE PERMITTED, ONLY CRAFTS.

Application: <https://forms.office.com/r/DW6yJHAnFD>

Applications must be submitted by: Friday, October 31st, 2025, at 5pm EST.

Notification of selection will be sent by: Friday, November 14th, 2025.

We look forward to celebrating Indigenous artistry at the 2025 Diabetes Canada/CSEM Professional Conference.

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Free Registration Code for Indigenous Health Care Providers - Diabetes Canada Conference

See the link below for the 2025 Diabetes Canada Professional Conference held in Toronto, ON this November 2025.

Please use the Indigenous health care provider code for free registration.

[https://dcconference2025.eventscribe.net/aaStatic.asp?
SFP=VEpER01IQ1IAMjE3ODM&utm_source=cross%20promotion%20cta&utm_medium=webpage&utm_campaign=Professionalconference&utm_term=Conferences
webpage&utm_content=Register%20now](https://dcconference2025.eventscribe.net/aaStatic.asp?SFP=VEpER01IQ1IAMjE3ODM&utm_source=cross%20promotion%20cta&utm_medium=webpage&utm_campaign=Professionalconference&utm_term=Conferenceswebpage&utm_content=Register%20now)

For Indigenous HCP: PC25IHCP

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*2025 National Indigenous
Diabetes Association
Annual General Assembly
Save the Date*



November 25, 2025

WWW.NADA.CA



About the National Indigenous Diabetes Association

The National Indigenous Diabetes Association works towards healthy communities. To achieve this vision we work with people, communities and organizations to:

- Raise awareness about diabetes and First Nations, Inuit and Métis Peoples in Canada
- Advocate for programs and services for the prevention of type 2 and gestational diabetes among First Nations, Inuit and Métis Peoples
- Advocate for programs and services for diabetes management for First Nations, Inuit and Métis Peoples living with diabetes
- Promote healthy lifestyles to prevent the onset or complications of diabetes for First Nations, Inuit and Métis Peoples

National Indigenous Diabetes Association

NIDA

The National Indigenous Diabetes Association (NIDA) is a charitable, not-for-profit organization founded in 1995 in response to the rising rates of diabetes among First Nations, Inuit, and Métis Peoples in Canada. NIDA is dedicated to promoting wellness, diabetes prevention, and culturally grounded approaches to diabetes care. Through health promotion, advocacy, research, education, and collaboration, NIDA supports Indigenous Peoples living with and at risk of diabetes in accessing wholistic, evidence-based health information that honours Indigenous ways of knowing.

All products produced by NIDA and its partners aim to reduce the incidents and prevalence of diabetes among First Nations, Inuit, and Metis individuals, families, and communities.

Connect with NIDA

Phone: (204) 927-1221
Email: nationalengagement@nada.ca
Web: nada.ca



National Indigenous Diabetes Association
202-160 Provencher Blvd
Winnipeg, MB, R2H 0G3



National Framework for Diabetes

Establishing Distinctions-Based Pathways



Informing a National Framework for Indigenous Diabetes Policy

In collaboration with Waapihk Research Inc., Narratives Inc., and NVision Insight Group Inc., NIDA is leading the National Indigenous Engagement on a National Framework for Diabetes: Establishing Distinctions-Based Pathways project, funded through the Public Health Agency of Canada's (PHAC) Healthy Canadians and Communities Fund (HCCF). This project is directly aligned with Bill C-237: An Act to establish a national framework for diabetes, which mandates a comprehensive strategy to address diabetes in Canada. Through engagement with First Nations, Inuit, and Métis Peoples, NIDA ensures that Indigenous voices shape the framework and guide each distinction-based pathway, addressing systemic barriers and supporting culturally relevant diabetes prevention and care for Indigenous Peoples across Canada.

Indigenous Data Sovereignty

As the keeper of the data and knowledge collected through this project, NIDA upholds the principles of Indigenous data sovereignty, ensuring that information is governed and protected in a way that respects the rights, priorities, and self-determination of First Nations, Inuit, and Métis Peoples. Data stewardship is conducted according to OCAP, OCAS and Métis data principles, and Inuit Qaujimajatuqangit (IQ) principles, prioritizing transparency, reciprocity, and community-driven decision-making.

Engagement and Interviews

Project partners will collaborate to conduct engagements and interviews with Indigenous people and communities across Canada. The project team will also participate in health-based and Indigenous gatherings.

Analysis and Reporting

Once data has been collected, the research team will work with the information gathered to create a research report that will outline key findings and emergent distinction-based pathways for providing diabetes care in Canada's Indigenous communities. The final report will be presented to the House of Commons in 2027.

Context and Relationships

This project is with and for Indigenous communities, driven by maintaining good research and community relationships.

Surveys and Community Participation

Indigenous community members and health care practitioners will be invited to participate in a national survey. This is particularly important for those wanting to be involved but unable to participate in engagements and interviews. Stay tuned for more details to come!

Our Project Partners

As a team, our project partners carry research in a good way that upholds the principles of trauma-informed practice and UNDRIP, implements the TRC Calls to Action, and respects community-based protocols. Narratives Inc. exists to amplify voices that may otherwise go unheard or unaddressed, and to support wholistic, equitable, community-driven actions for environmental and human wellbeing. Narratives specializes in trauma-informed research and community engagement, with expertise in community planning, impact assessment, and conflict transformation. Our responsibilities on this project include knowledge-gathering with First Nations and Métis communities.

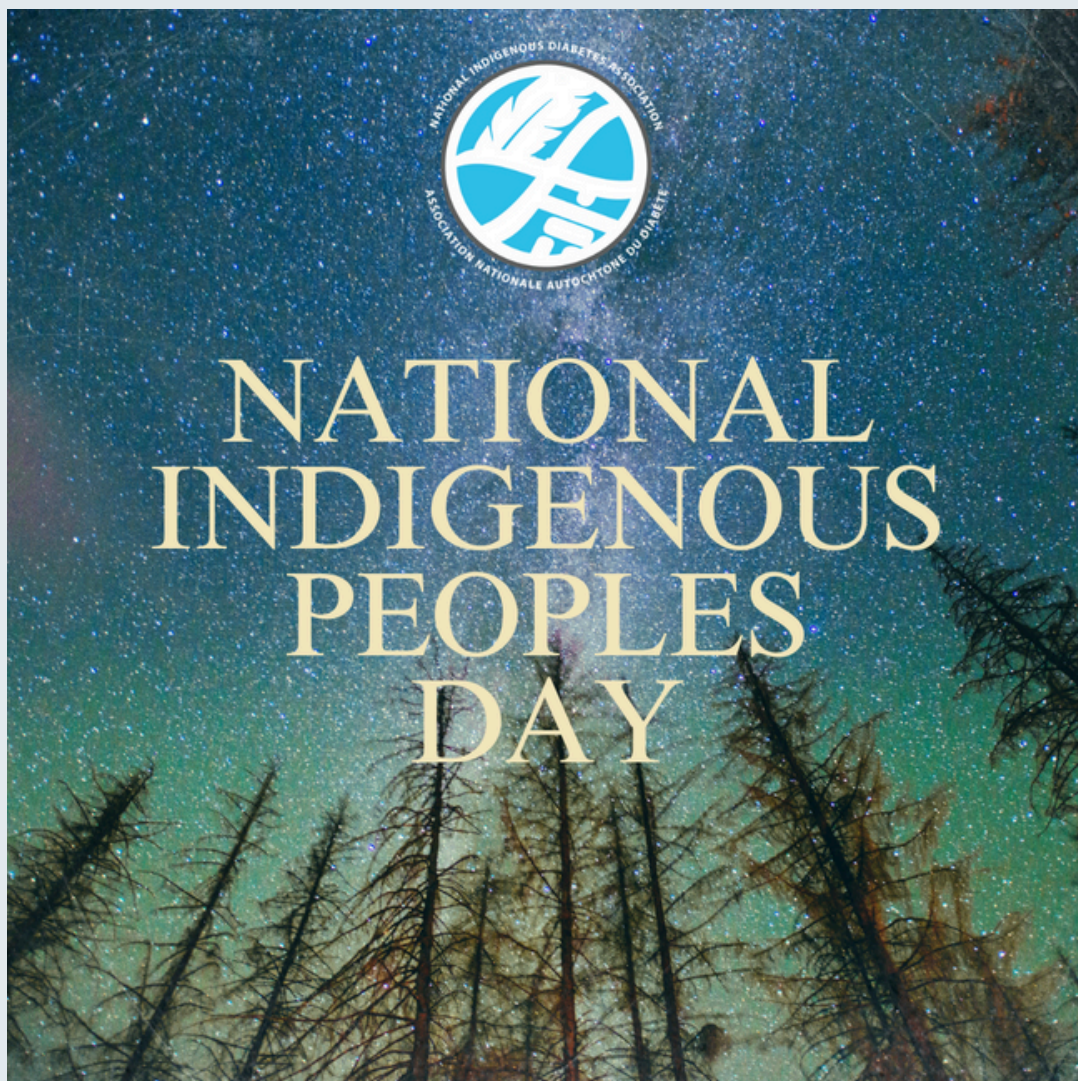
NVision Insight Group Inc. is a majority Indigenous owned company with First Nations, Inuit, Métis and non-Indigenous shareholders, and more than 20 full-time staff in our Ottawa and Iqaluit offices. NVision specializes in Inuit and Northern engagement strategies and relationships and is responsible for Inuit knowledge-gathering on this project.

Waapihk Research provides data-driven research to answer questions related to Indigenous health systems and outcomes. The Indigenous-led team supports the transformation of healthcare by empowering community leaders with the information they require to shape policy and drive meaningful outcomes. In this project, Waapihk is leading the analysis of qualitative and quantitative data collected through the engagements.



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June is Indigenous History Month and June 21st is Indigenous Peoples Day!



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CAROLINE DAIGNEAULT

DIABETES SHKAABE AWARD NOMINATION CALL



IN HONOUR OF
CAROLINE
DAIGNEAULT

The National Indigenous
Diabetes Association
invites you to nominate
deserving individuals or
community groups for
the Caroline Daigneault
Diabetes Shkaabe
Award.

WWW.NADA.CA



Free Community Membership

Stay up to date
join the NIDA Membership today!

Please visit www.nada.ca

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We are always looking to share articles, community highlights, and other relevant information in our newsletters. If you'd like to contribute content for a future edition, please reach out to sylviasentner@nada.ca.

