NATIONAL ABORIGINAL DIABETES ASSOCIATION

Ji-zhiiwaapinesiing da-mihose

Anishinaabeg gii-nitaa-andawenjigewag akiing ondanjigewaad, gaawiin ogii-babaamendanziinaawaa' zhiiwaapinewin.

Apane igo na Anishinaabeg ogii-ashowidaanaawaa' ani-niizhoo-dinookaan zhiiwaapinewin.

Iwe Ani-niizhoo-dinookaan zhiiwaapinewin ayaang gaawiin awiya minik odayaasiin dibaamagishka'igan gemaa gaawiin minosesini odibaamagishka'iganiwaa'?

Awiya na gaa-gizhizhawiziiwaad zhigwa gaa-mino-wiisiniwaad nawach ani-niizhoo-zhiiwaapinewin odaa-gaachidinaanaawaa'?

Iwe dinookaan zhiiwaapinewin gidaa-ashowidoon na ji-ayaasiwan?

Giin naagaji'idizowin

Niin ji-naagaji'idizoyaan ji-mikamaan ji-gaachidinanziwaan ani-niizhoo-dinookaan zhiiwaapinewin. Nindaa-gashkitoon. Oniigi'igomaag waabanda' giniijaanisag.

Nawach ina daa-wendad ji-gaachidinamaan zhiiwaapinewin giishpin wiininoyaan?

Ninga-gikendaan ina giishpin zhiiwaapineyaan?

Gidaa-giishkinaan ji'gaachidinanziwaan zhiiwaapinewin?

Gegoo na nindaa-izhichige giishpin wii-zhiiwaapinewaad niniijaanisag?

In Community

NADA Envisions Diabetes Free People

Mino-wiisiing

Onjida ji-mino-wiisining weweni ji-mino-ayaang onji. Giishpin gwayak minik mino-wiisiniyan, gaawiin daa-wendanzinoon ji-gaachidinaman ani-niiizhoo-dinookaan zhiiwaapinewin.

Onjida na zhemaag nitaawigid awiya ji-mino-wiisinipan?

Gwaawaanjizigaadeg miijim, zhiiwaaboo, gaapiziwaad opiniinsag, gegoon zhiiwangin, onizhishinoon ina giin onji?

Nawach ina boozanjigeyan ozanagi'igon giiyaw ji-mino-aabajitood ziizibaakwad gimiskwiing?

Nitaa-minikweyan 6 ako 8 daso-minikwaagan nibi endaso-giizhig gidaa-minoshkaagon ina?

Gizhizhawiziiwin

Giishpin gizhizhawiziiyan, da-zanagad ji-gaachidinaman ani-niizhoo-zhiiwaapinewin.

Giwiiji'igon ina zhezhaawiiyan ji-naagajitooyan migoshkaadendami'igoyan gegoo?

Onjida na ji-izhaayaan zhezhaawiiwigamigong ji-zhezhaawiiyaand?

Oniigi'igomaag ina ji-gagaanzomaawaad oniijaanisiwaa' ji-zhezhaawiinid?

10 diba'iganens ina eta ji-zhezhaawiiyamban?

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