

ANNUAL REPORT 2022-2023





A YEAR FOR RENEWAL

The National Indigenous Diabetes Association has been empowering Indigenous communities since its inception in 1995. Over the years, our dedication to promoting health, preventing diabetes, and fostering well-being has remained. As we reflect on the accomplishments of the 2022-2023 fiscal year, we see a time of growth and adaptation, overcoming challenges, and celebrating resilience. Through collaborative efforts and community engagement, we strive to make a lasting difference in the lives of those we serve, and together, we look forward to a future filled with health, empowerment, and hope.



A WORD FROM THE CHAIR

I hope this message finds you in good health and high spirits. Throughout this fiscal year, our organization has been committed in pursuing its mission of promoting health, wellness, and diabetes prevention among Indigenous communities. The dedication and hard work of our board members, staff, volunteers, and partners have been instrumental in achieving our goals and making a positive impact on the lives of those we serve.

I am particularly proud of the initiatives taken that were implemented to support Indigenous individuals in their diabetes management journey. These initiatives not only offered essential resources but also fostered a sense of community and belonging, which is vital for overall well-being.

Moreover, this fiscal year we had significant changes in our leadership team. After many years of exceptional service, Jeff LaPlante, our outgoing Executive Director, decided to transition to new opportunities. We express our heartfelt gratitude to Jeff for his tireless dedication, visionary leadership, and unwavering commitment to our cause. Jeff's impact on NIDA and the communities we serve will be remembered for years to come.

As we embark on this new chapter, I am delighted to introduce Céleste Thériault, who will be the incoming Executive Director at NIDA. We are confident that her expertise and passion will lead NIDA to even greater heights in the future.

Our organization remains steadfast in its commitment to supporting Indigenous communities' health and well-being. As we move forward, we will continue to work collaboratively with our partners, stakeholders, and Indigenous leaders to create sustainable solutions and address the challenges posed by diabetes.

LYLE DANIELS

CHAIR

BOARD OF DIRECTORS

NATIONAL INDIGENOUS DIABETES ASSOCIATION



BOARD OF DIRECTORS 2022 - 2023

- **LYLE DANIELS** - CHAIR
(GEORGE GORDON FIRST NATION, SK)
- **MARISA CARDINAL** - VICE-CHAIR
(SADDLE LAKE CREE NATION, AB)
- **LAURIE ANN NICHOLAS** - SECRETARY
(TOBIQUE FIRST NATION, NB)
- **ROBERT (BOB) FENTON** - ELDER
(ANIMAKEE WA ZHING NO. 37 FIRST NATION, ON)
- **MARGARETTA JAMES** - ELDER
(MOWACHAHT/MUCHALAHT FIRST NATION, TSA'XANA , BC)
- **ROBYNNE EDGAR** - DIRECTOR
(CREE AND JAPANESE HERITAGE, BC)
- **MIKE ALEXANDER** - DIRECTOR
(SWAN LAKE FIRST NATION, MB)
- **MARY BEAUCAGE** - DIRECTOR
(NIPISSING FIRST NATION, ON)
- **DR. BARRY LAVALLEE** - DIRECTOR
(MÉTIS ST. LAURENT, MB)

INCOMING

- **AUTUMN WATSON** - DIRECTOR
(CURVE LAKE FIRST NATION, ON)

OUTGOING

- **LORRAINE MCLEOD** - TREASURER
(PIMICIKAMAK CREE NATION, MB)

Executive Summary

NIDA, through ongoing resource development and knowledge sharing, supports diabetes prevention and management resources to ADI (Aboriginal Diabetes Initiative) workers, Community Diabetes Prevention Workers (CDPWs), NIDA members, partners, tribal councils, health centres, and others across Canada. Key activities include hosting national conferences, convening the Indigenous Community of Practice for Canada's Tobacco Strategy, and curating an online repository for diabetes-related resources.

In FY 2022-2023, NIDA obtained \$240,000 from Indigenous Services Canada and a \$249,330 contract from the Public Health Agency of Canada to drive an Indigenous engagement on a national diabetes framework. Although the funding is limited, it does not diminish the national recognition of NIDA's impactful initiatives in diabetes prevention and management.

ABOUT THE NATIONAL INDIGENOUS DIABETES ASSOCIATION

NIDA is a not-for-profit members-led organization established in 1995 as a result of the rising rates of diabetes among First Nations, Inuit and Métis Peoples in Canada.

Since its inception in 1995, NIDA has created and implemented a wide range of clinical, health promotion and support activities which include a national diabetes conferences, a national diabetes resource directory, resources, web links, diabetes presentations, webinars and public service announcements.

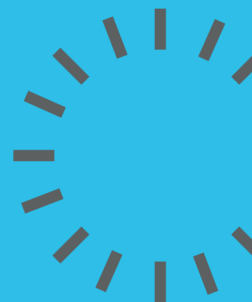
All products produced by NIDA and its partners aim to reduce the incidence and prevalence of diabetes among First Nations, Inuit and Métis Peoples and to improve the health status of First Nations, Inuit and Métis individuals, families and communities.

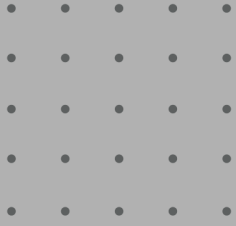




MISSION

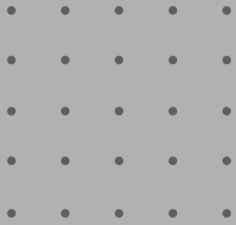
The National Indigenous Diabetes Association's mission is to support the promotion of healthy environments to prevent and manage diabetes by working with people, communities, and organizations.





VISION

The National Indigenous
Diabetes Association
envisions healthy
communities.



VALUES

INDIGENOUS COMMUNITIES & FAMILIES ARE OUR MAIN FOCUS OF WHAT WE DO.

RESPECT OF DIVERSITY, CULTURE AND KNOWLEDGE OF INDIGENOUS PEOPLE AND COMMUNITIES.

HONOUR AND VALIDATION OF EXPERIENCES, WISDOM, HISTORY, TRADITIONAL TEACHINGS, KNOWLEDGE, AND CULTURAL DIFFERENCES IN BUILDING RELATIONSHIPS.

CARING AND SHARING IN HOW WE ENGAGE AND CONNECT WITH INDIGENOUS PEOPLE, FAMILIES, AND COMMUNITIES IN OUR WORK.

INTEGRITY IN THE WAY WE STRIVE FOR EXCELLENCE AND QUALITY IN OUR WORK.

UNITY IN REPRESENTING THE BEST INTERESTS OF INDIGENOUS PEOPLE AND COMMUNITIES.





GOALS

GOAL 1: CREDIBLE AND CULTURALLY RELEVANT INFORMATION AND RESOURCES

- OBJECTIVE 1: NIDA'S INFORMATION/RESOURCES PRIMARILY AVAILABLE ON-LINE OR THROUGH SOCIAL MEDIA
- OBJECTIVE 2: EXPAND NIDA'S INFORMATION/RESOURCES

GOAL 2: PARTNERSHIPS AND COLLABORATION

- OBJECTIVE 1: ESTABLISH BRAND AWARENESS
- OBJECTIVE 2: INCREASE NUMBER, REACH AND QUALITY OF POLICIES AND STANDARDS RELATED TO HEALTHY ENVIRONMENTS
- OBJECTIVE 3: COLLABORATE AND LOBBY TO INCREASE FINANCIAL SUPPORT

GOAL 3: PROMOTION OF LIVING IN A GOOD WAY

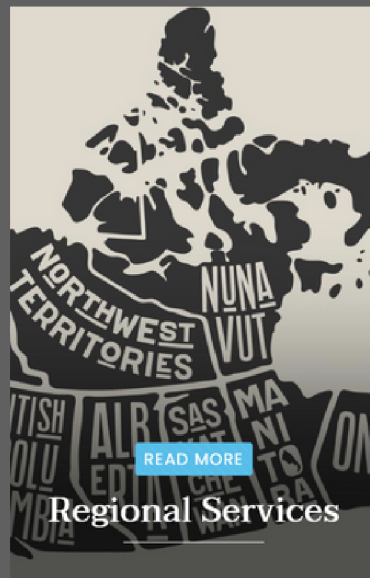
- OBJECTIVE 1: PROMOTE CULTURALLY RELEVANT CONCEPTS AND WHOLISTIC APPROACHES OF INDIGENOUS WELLBEING
- OBJECTIVE 2: INCREASE KNOWLEDGE, OPPORTUNITIES, AND RESOURCES THAT ENCOURAGE HEALTHY LIVING
- OBJECTIVE 3: DEVELOP CULTURALLY APPROPRIATE RESOURCES, EDUCATION, AND TRAINING OPPORTUNITIES

GOAL 4: ADVOCATE DIABETES AND INDIGENOUS PEOPLES AS A NATIONAL HEALTH PRIORITY

- OBJECTIVE 1: ESTABLISH NIDA AS THE VOICE FOR PEOPLE, COMMUNITIES AND ORGANIZATION IN THE PREVENTION AND MANAGEMENT OF DIABETES IN INDIGENOUS COMMUNITIES
- OBJECTIVE 2: CONTINUE ADVOCACY AT ALL LEVELS AND TABLES
- OBJECTIVE 3: PROMOTE EDUCATION AND TRAINING



[Resources](#)



[Regional Services](#)

GOAL 1 : CREDIBLE AND CULTURALLY RELEVANT INFORMATION AND RESOURCES

Objective 1: NIDA's information/resources primarily available online or through social media

NIDA Website Redesign: To enhance accessibility and user experience, NIDA undertook a comprehensive revamp of its official website. The new website boasts a modern and user-friendly design, ensuring that visitors can easily navigate and access valuable information. The redesign focused on making information readily available and culturally sensitive, respecting the diverse needs of Indigenous communities.

Social Media Integration: Recognizing the power of social media as a communication tool, NIDA intensified its presence across various platforms. This involved regular updates, engaging content creation, and the utilization of culturally relevant visuals. By leveraging platforms such as Facebook, Twitter, and Instagram, NIDA expanded its reach and made critical information easily shareable within Indigenous communities.

Objective 2: Expand NIDA's information/resources

Resource Development: Investing in the creation of new resources was a cornerstone of NIDA's strategy. Collaborating with experts in Indigenous health, NIDA developed a range of resources, including informative articles, educational videos, and downloadable materials. These resources were crafted to address specific health concerns, dietary needs, and lifestyle factors relevant to Indigenous populations, fostering a holistic approach to diabetes prevention and management.

Overall Outcome

The concerted efforts in revamping the website, increasing social media awareness, and developing new resources bore fruit in achieving our goals. NIDA successfully established itself as a credible source of information, fostering a sense of trust within Indigenous communities. The expanded online presence led to heightened awareness and engagement, reflecting in increased website traffic, social media interactions, and resource downloads. Building on the successes of the past year, NIDA remains committed to refining its online platforms and resource offerings. Continuous feedback mechanisms, community collaborations, and technological advancements will be embraced to ensure that NIDA continues to be a leading force in providing credible and culturally relevant information for Indigenous diabetes prevention and management.

GOAL 2: PARTNERSHIPS AND COLLABORATION

Objective 1: Establish Brand Awareness

Listening to community: NIDA conducted on-the-ground activities to establish direct connections with communities, participating actively in local events, health fairs, and cultural gatherings. The word-of-mouth has helped gain traction in raising awareness about NIDA's mission.

Consistent Communications: To ensure a cohesive and recognizable brand, NIDA streamlined its marketing efforts. Consistency in messaging across various communication channels, both traditional and digital, was meticulously maintained. The utilization of traditional and digital media reinforced NIDA's presence, contributing to a unified brand image.

Objective 2: Increase Number, Reach, and Quality of Policies and Standards Related to Healthy Environments

Partnerships and Collaborations: NIDA formed strategic partnerships by having active discussions with over 10 organizations and researchers, emphasizing collaboration in the development of policies and standards. These are set to formalize in the next year or so. These collaborations aimed to ensure representation from all three distinctions of First Nations, Métis, and Inuit, reflecting a commitment to inclusivity.

Comprehensive Approach: Taking a holistic approach, NIDA's initiatives spanned activities that addressed the diverse needs of First Nations, Métis, and Inuit communities. This included the development of policies tailored to address health disparities specific to each Indigenous group. The integration of cultural practices into environmental policies underscored NIDA's commitment to holistic health.

Objective 3: Collaborate and Lobby to Increase Financial Support

Advocacy Initiatives: NIDA actively collaborated with partner organizations in advocacy efforts, lobbying for increased financial support. Engagements occurred at various levels, including national platforms. NIDA communicated the economic and health benefits of supporting Indigenous health initiatives to garner necessary backing.

Strategic Alliances: To strengthen its position and secure funding, NIDA is in the planning stages of forming strategic alliances with governmental bodies, philanthropic organizations, and private sectors. These partnerships will be leveraged to ensure sustainable funding for essential health programs. NIDA is consistently demonstrating the broader value of investing in Indigenous health for the overall well-being of communities.

Outcome:

The concerted efforts of NIDA resulted in the establishment of strong brand awareness through direct community visibility. Through strategic collaborations and advocacy initiatives, NIDA achieved success in lobbying for increased financial support securing a second agreement with the Public Health Agency of Canada. NIDA remains committed to continued engagement to uphold and expand brand awareness. Ongoing collaboration will be prioritized to refine and expand policies and standards, ensuring they evolve to meet the changing needs of Indigenous Nations. Persistent advocacy efforts will be sustained to secure ongoing and sustained financial support for vital Indigenous health initiatives.

GOAL 3: PROMOTION OF LIVING IN A GOOD WAY

Objective 1: Promote Culturally Relevant Concepts and Wholistic Approaches of Indigenous Wellbeing

NIDA has been actively contributing to the Indigenous Community of Practice for Canada's Tobacco Strategy, fostering the promotion of tobacco reduction and holistic wellness. By collaborating with Tobacco Leads across Turtle Island, NIDA has played a key role in advocating for culturally relevant concepts and holistic approaches to Indigenous wellbeing.

Objective 2: Increase Knowledge, Opportunities, and Resources that Encourage Healthy Living

Our commitment to increasing knowledge, opportunities, and resources for healthy living is evident in the distribution of over 300 resources to communities and health centers. Despite the commendable efforts, the demand has outpaced the available resources due to budget restraints. Specifically, the traditional food guide, a valuable resource for promoting healthy living, has faced constraints in meeting the demand.

Objective 3: Develop Culturally Appropriate Resources, Education, and Training Opportunities

While working diligently to address the needs of Indigenous communities, NIDA has faced fiscal challenges that impacted the development and distribution of certain resources. Unfortunately, this includes the delay in printing the Inuit Niqit booklet and the Indigenous Food Sovereignty Bundle booklet due to budget restraints in the current fiscal year. However, NIDA is actively working on a Physical Activity Booklet from the British Columbia Region, scheduled for completion by mid-summer 2024.

Outcome:

Despite budget constraints, NIDA has made significant strides in promoting living in a good way within Indigenous communities. The distribution of resources, albeit limited, has positively impacted knowledge and opportunities for healthy living. The ongoing commitment to developing culturally appropriate resources and education reflects NIDA's dedication to fostering holistic wellbeing. NIDA remains in its commitment to promoting living in a good way among Indigenous communities. Efforts will continue to address budget challenges, ensuring the timely development and distribution of essential resources. Future initiatives include the completion and dissemination of the Inuit Niqit booklet, the Indigenous Food Sovereignty Bundle booklet, and the Physical Activity Booklet from the British Columbia Region, fostering a holistic approach to Indigenous wellbeing.





GOAL 4: ADVOCATE DIABETES AND INDIGENOUS PEOPLES AS A NATIONAL HEALTH PRIORITY

Objective 1: Establish NIDA as the Voice for People, Communities, and Organizations in the Prevention and Management of Diabetes in Indigenous Communities

In June 2022, NIDA took a significant step by working on a National Project for Indigenous Diabetes Engagement for a Diabetes Framework in Canada with the support of the Public Health Agency of Canada (PHAC). This initiative aligns with our objective by promoting NIDA as a strong voice for indigenous People in Canada living with Diabetes. The project involves engaging with Indigenous Peoples across Canada on a Diabetes Framework, respecting the unique perspectives of First Nations, Inuit, and Métis. This approach, in line with Bill C-237, upholds self-determination principles and sovereignty, ensuring that the resulting framework is tailored to the diverse needs of Indigenous communities.

Objective 2: Continue Advocacy at All Levels and Tables

NIDA has actively pursued advocacy initiatives, collaborating with Diabetes Canada to elevate the status of diabetes in Indigenous communities. A notable example includes the engagement with the Minister of Long Term Care and Seniors in Manitoba, where Diabetes Canada played a crucial role and invited NIDA to the table. This collaboration extended beyond formal meetings, as there was a Diabetes event in the evening, fostering a conducive environment for discussions, this provided an opportunity for inclusive dialogue, ensuring that diverse perspectives of Indigenous People were considered.

Objective 3: Promote Education and Training

NIDA remains dedicated to advancing its advocacy goals. The ongoing collaboration with partners, coupled with the continued engagement with governmental bodies, ensures that diabetes remains a national health priority. The emphasis on education and training initiatives will further empower Indigenous communities in the prevention and management of diabetes, contributing to improved health outcomes.

Outcome:

NIDA's proactive engagement with Diabetes Canada and the Public Health Agency of Canada has positioned diabetes and Indigenous peoples as a national health priority. By actively participating in key events, including ministerial meetings and the launch of the National Project for Indigenous Diabetes Framework, NIDA has established itself as a leading advocate for diabetes prevention and management in Indigenous communities.

BY THE NUMBERS...



- LAUNCHED OUR NEW WEBSITE
- WEBSITE MONTHLY VISITS 7,109-12,000
- FACEBOOK LIKES 2,333 FOLLOWS 2,492
- TWITTER 537 FOLLOWERS LIKES 1,992
- INSTAGRAM 275 FOLLOWERS
- 4 NEWSLETTERS
- 12 RESOURCES OF THE MONTH
- 551 MEMBERSHIPS
- COMPLETED INDIGENOUS FOOD SOVEREIGNTY BUNDLE TO BE PRINTED NEXT YEAR
- COMPLETED INUIT NIIQIT TO BE PRINTED IN 203-2024 OR 2024-2025 DEPENDING ON BUDGET
- WORKING ON DIABETES AND CEREMONY RESOURCE
- WORKING ON PHYSICAL ACTIVITY COLOURING BOOK RESOURE



**INDIGENOUS
FOOD
SOVEREIGNTY**
Bundle





50+

WE HAD OVER 50 NEWLY ADDED MEMBERSHIPS TO NIDA THIS YEAR. OUR BIGGEST INCREASE TO DATE.

100%

WE HAD A 100% INCREASE IN OUR FUNDING THIS YEAR AS WE RECEIVED AN ADDITIONAL \$249,330 FROM PHAC TO CONDUCT A SPECIAL PROJECT ON THE NATIONAL DIABETES FRAMEWORK.

15%

WE HAD A 15% INCREASE IN SOCIAL MEDIA FOLLOWING AVERAGING OUR FACEBOOK, TWITTER AND INSTAGRAM PLATFORMS.

20%

WE HAD A 20% INCREASE IN OUR WEBSITE TRAFFIC AFTER LAUNCHING OUR NEW SITE.

CONFERENCES AND EVENTS

NATIONAL INDIGENOUS DIABETES AWARENESS DAY Friday May 6, 2022

On April 30, 1999, National Chief of the Assembly of First Nations Phil Fontaine proclaimed the first Friday in May as **National Aboriginal Diabetes Awareness Day**

JOIN US FOR A FREE VIRTUAL EVENT!
10:30 AM - 4:30 PM CST

DRUM & OPENING 10:30 AM CST
TREFFREY DEERFOOT, MARGARETTA JAMES & BOB FENTON

11:00 AM CST
WARRIOR CAREGIVER PROGRAM
INDIGENOUS MEN'S COMMUNITY
MENTAL HEALTH
JASON KLAINCHAR
CHURCHILL HEALTH CENTRE

12:00 PM CST
HEALING AND PREVENTING
DIABETES WITH ANCESTRAL
ANISHINAABE NUTRITION
JOSEPH PITAWANAKWAT
CREATORS GARDEN

01:00 PM CST
DAILY MINDFULNESS PRACTICES
FOR WHOLISTIC WELLNESS
CRYSTAL BOMBERRY
INDIGENOUS DIABETES HEALTH CIRCLE

02:00 PM CST
GUD AD KWAAGID - STRONGER TOGETHER
COMMUNITY APPROACHES TO DIABETES
AND FOOD SOVEREIGNTY
JESSIE NEWMAN
VANCOUVER ISLAND HEALTH AUTHORITY

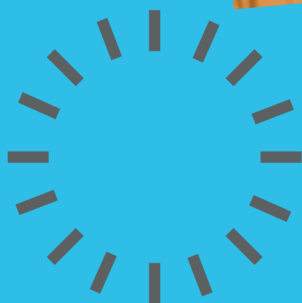
02:30 PM CST
DIABETES AND DENTAL HEALTH
SHERI MCKINSTRY
INDIGENOUS DENTISTS ASSOCIATION OF CANADA

03:00 PM CST
SIMPCW FIRST NATION MCBRIDE TO
BARRIERE MTN BIKE RECREATION &
TOURISM INITIATIVE
TOM EUSTACHE
SIMPCW FIRST NATION

DRUM & CLOSING 04:00 PM CST
GRANDMOTHER RENEE THOMAS HILL, TREFFREY DEERFOOT & CHERYL JAMES
TO REGISTER PLEASE EMAIL COORDINATOR@NADA.CA



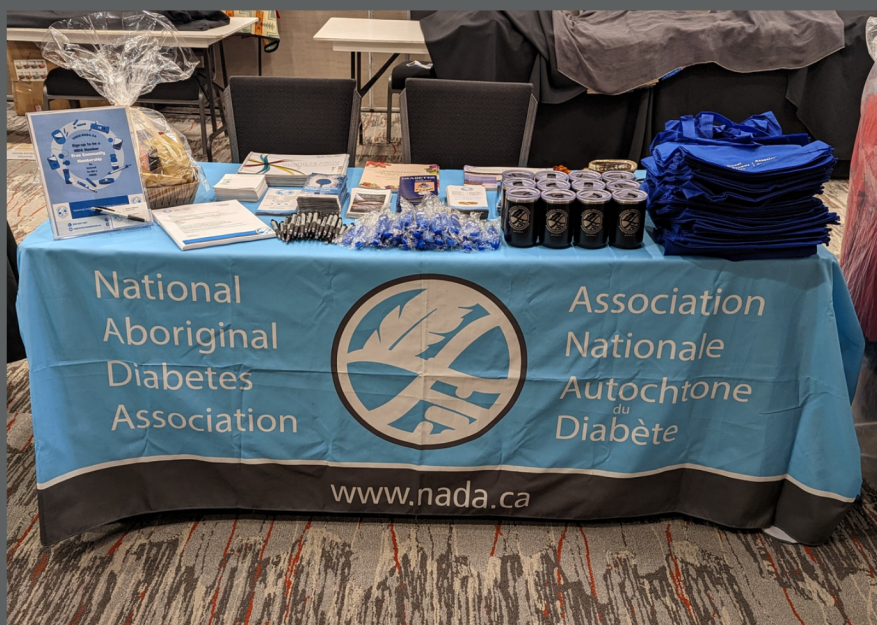
140 PARTICIPANTS FROM ACCROSS
TURTLE ISLAND JOINED FOR OUR FREE
VIRTUAL NIDAD EVENT



CONFERENCES AND EVENTS

NIDA PARTICIPATED AT THE 2022 DIABETES CANADA/CSEM PROFESSIONAL CONFERENCE IN CALGARY, AB AND BRITISH COLUMBIA DIABETES ABORIGINAL CONFERENCE (BDADC) IN PENTICTON, BC WITH A BOOTH AND SPEAKING OPPORUTNITIES TO INCREASE AWARENESS ABOUT OUR ORGANIZATION.

FURTHERMORE, NIDA PROVIDED OPENING REMARKS AT THE INDIGENOUS DIABETES HEALTH CIRCLE (IDHC) VIRUTAL CONFERENCE FROM OCTOBER 27 AND 28, 2022 HELPING IDHC CELEBRATE 25 YEARS.



CONFERENCES AND EVENTS

NIDA WAS INVITED BY DIABETES CANADA TO MEET WITH HONOURABLE SCOTT JOHNSON, MINISTER OF LONG TERM CARE AND SENIORS FOR THE GOVERNMENT OF MANITOBA ON NOVEMBER 2ND, 2022.



NIDA WITH INDIGENOUS DIABETES ADVOCATES FROM MANITOBA AT THE DIABETES CANADA ALL-MINISTER RECEPTION EVENT ON NOVEMBER 2ND, 2022 HOSTED AT THE MANITOBA LEGISLATIVE BUILDING.

INDIGENOUS ENGAGEMENT ON A NATIONAL DIABETES FRAMEWORK IN CANADA

In June 2022, the National Indigenous Diabetes Association (NIDA) was contracted by the Public Health Agency of Canada (PHAC) to engage with Indigenous People across Canada on a Diabetes Framework. Over the past year, we've been listening to many voices of First Nations, Inuit and Métis Peoples about what an Indigenous Diabetes strategy should look like, in line with Bill C-237. While there's a national framework that has been tabled, we recognize the need for a separate process to respect the unique perspectives of First Nations, Inuit, and Métis, while upholding self-determination principles and sovereignty of our many Nations.

Guided by an advisory circle of Indigenous Change Makers, this is a story of the beginning of change in diabetes for Indigenous peoples from coast to coast to coast in what is now known as Canada. It is about coming together to bring forward strengths and Indigenous ways of knowing and being to collectively create space for a new path for diabetes. This is a story of honouring pace, moving at the speed of trust, and engaging the energy of Indigenous peoples to come together in kinship, recognizing that it is our distinctiveness that unites us.

To stay in the loop, visit our NIDA website after our 2023 National Indigenous Diabetes Conference where we will be sharing an interactive report of our findings for the first time to the public called the Diabetes Kinship Circle.

This image represents Indigenous ways of knowing in health care in incorporating traditions, respect and harmony within ourselves and all creatures on Mother Earth. It is the artwork of Mance Granberg, a Two Spirited Abenaki artisan from Quebec. It has been purchased and shared with permission.



NIDA AGM



The 22nd NIDA AGM was held in Winnipeg, Manitoba on March 2nd, 2023 at the inn at the forks. This AGM enjoyed the attendance of a small percentage of NIDA membership. New members were elected to the Board at this AGM, namely Autumn Watson from Curve Lake First Nation.

CAROLINE DAIGNEAULT SHKAABE AWARD



In FY20, NIDA created, in honour of late NIDA Elder Caroline Daigneault, the annual Caroline Daigneault Diabetes Shkaabe Award to recognize individuals and/or communities that are leading the way in diabetes prevention and management for their Peoples. The National Indigenous Diabetes Association is eternally grateful to Caroline for her contributions to our organization. Caroline shared her knowledge and wisdom with respect, love, and kindness. Caroline volunteered her time in her community to bring Elders and others together to share about their experiences with diabetes and to help people on their journeys. Each year in the weeks preceding the NIDA Annual General Assembly, NIDA will invite nominations for deserving individuals or community groups for the 2022 Caroline Daigneault Diabetes Shkaabe Award.



The Award is given to honour individuals or communities whom have served as an inspiration to others through their persistent excellence, efforts, and positive impacts, honour the efforts and dedication of outstanding people working in diabetes prevention and management in Indigenous communities, and recognize and encourage the valuable services performed by these people throughout the country. A panel of NIDA Board Directors and Elders review all applications and chose a recipient and the name of the recipient will be presented, starting in 2021, at the NIDA Annual General Assembly.

The recipient of the 2022 Caroline Daigneault Diabetes Shkaabe Award, Dr. Alex McComber, was awarded the recognition during the July 2023 Kahnawà:ke Schools Diabetes Prevention Program (KSDPP) meeting in Kahnawà:ke, Quebec by NIDA Executive Director, Céleste Thériault and NIDA Board of Director, Mike Alexander.



MCCOMBER HONOURED FOR DECADES OF WORK FIGHTING DIABETES

Marc Lalonde, Local Journalism Initiative Reporter Fri, Jul 14, 2023



Alex McComber wasn't totally sure what was happening when National Indigenous Diabetes Association (NIDA) Celeste Theriault got up to say a few words at a Canada-wide Indigenous diabetes conference Friday morning at Kahnawake's Golden Age Club.

But he found out pretty quick – and he was all smiles.

**NATIONAL INDIGENOUS DIABETES ASSOCIATION
STATEMENT OF OPERATIONS
YEAR ENDED MARCH 31, 2023**

| | Indigenous Services Canada | Canada's Tobacco Strategy | Public Health Agency of Canada | 2023 | 2022 |
|--|---|--|---|-----------------|-----------------|
| Revenues | | | | | |
| Grant revenue | | | | | |
| Public Health Agency of Canada | \$ - | - | 249,331 | 249,331 | - |
| Indigenous Services Canada | 200,000 | 40,000 | - | 240,000 | - |
| Health Canada | - | - | - | - | 240,000 |
| Conference revenue | 798 | - | - | 798 | 27,565 |
| Donations | 1,508 | - | - | 1,508 | 125 |
| Interest income | 1,321 | - | - | 1,321 | 482 |
| Memberships | - | - | - | - | 350 |
| Other revenue | 4,160 | - | - | 4,160 | 3,605 |
| | <u>207,787</u> | <u>40,000</u> | <u>249,331</u> | <u>497,118</u> | <u>272,127</u> |
| Expenses | | | | | |
| Accounting fees | 12,169 | - | - | 12,169 | 1,656 |
| Bank charges and interest | 476 | - | 1 | 477 | 731 |
| Conference costs | 9,683 | 34,213 | - | 43,896 | 59,452 |
| Evaluation | - | - | - | - | 4,600 |
| Honorarium | 7,100 | 600 | 3,134 | 10,834 | 21,800 |
| Insurance | 2,600 | - | 262 | 2,862 | 2,634 |
| Office expenses | 9,400 | 3,867 | 3,740 | 17,007 | 9,509 |
| Office occupancy costs | 12,885 | - | 2,670 | 15,555 | 16,875 |
| Professional fees | 3,639 | - | 2,077 | 5,716 | 8,113 |
| Program resources | 9,353 | - | - | 9,353 | 24,295 |
| Salaries and benefits | 110,875 | - | 15,993 | 126,868 | 145,753 |
| Subcontract | - | - | 226,183 | 226,183 | - |
| Telephone | 2,421 | - | 214 | 2,635 | 2,629 |
| Travel | 14,448 | 16,817 | - | 31,265 | 1,443 |
| Website | 25,178 | - | - | 25,178 | 5,500 |
| | <u>220,227</u> | <u>55,497</u> | <u>254,274</u> | <u>529,998</u> | <u>304,990</u> |
| Excess (deficiency) of revenues over expenses | <u>\$ (12,440)</u> | <u>(15,497)</u> | <u>(4,943)</u> | <u>(32,880)</u> | <u>(32,863)</u> |



National
Indigenous
Diabetes
Association

Association
nationale
autochtone
du diabète

202-160 PROVENCHER BLVD

WINNIPEG, MB R2H 0G3