

Moving the NAN Food Strategy Forward

**Community People Making a
Difference**



Nishnawbe Aski Nation

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NAN Chiefs' Resolutions

- 08/35: Climate Change
 - Community-based adaptation planning and action
- 12/10: Economic Studies Priorities
 1. Fire Fighting
 2. Groceries, Fuel, and General Goods
 3. Gardens and Greenhouses
- 11/40: Food Strategy
 - Based on community initiatives that work
 - Collaboration with governments and regional organizations
 - Seek Funding



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Nishnawbe Aski Nation Map



NAN Food Strategy Vision

The Nishnawbe Aski Nation Food Strategy aims to rebuild our food sovereignty across our nation in order to enhance our quality of life through access to food that is safe, nutritious, culturally appropriate, and affordable for all our people at all times.



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NISHNAWBE ASKI NATION MODEL FOR FOOD SOVEREIGNTY

The NAN Food Sovereignty Strategy is grounded in the belief that local food sovereignty is created from the inside out.

For this reason we have identified harvesting, sourcing, production, and storage of local food as our highest priority.

- Traditional practices, local food production, imported foods



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Our approach is built on the belief that:

- Locally sourced food will be more sustainable and secure than any other food;
- Community members currently have and will further develop the interest, capacity and resources to hunt, fish, forage, and grow foods;
- Imported food will supplement a strong local food system;
- Create employment around food;
- OCAP Principles-Ownership, Control, Access, Possession;
- Intergenerational knowledge transfer is fundamental;



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Our Focus

- Objective1: Advocate for policy changes that accommodate our communities

Develop grass root, regional, provincial and federal policies that support food sovereignty

- Examples: Advocate for changes to Ontario Works policies, Nutrition North Canada, Northwest Co, Health Canada to change ADI to include gardening, hunting etc
- Community action-bans energy drinks



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Objective 2: To build capacity and tools for food sovereignty at NAN

- Community food system planning —tool kit
- NAN Food Web Portal-link
- To support reciprocity and connections with local and global Indigenous Peoples-NAN Annual Food Symposium/International Indigenous gathering
- Seed sharing across communities and globally



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Objective 3: To encourage and support traditional hunting, fishing and gathering practices within communities and provide community based opportunities for sharing and growing traditional practices

- Hunter, fisher, trapper, gatherer supports
Subsidize grass roots group doing this work – the hunting fishing subsidy
- Networking and sharing of effective practices in communities
Food symposium, web portal , sharing learning about local production



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- Food feasts and events
 - Celebrating food, traditional medicines
 - Bringing back activities related to spawning, moose hunting
- Build farming capacities
 - Mentoring, market garden training, raising livestock
- Support local community food production and storage and distribution
 - Traditional food distribution, community kitchens, community freezers and storage, sharing ideas, knowledge sharing, revisit trade routes



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Objective 4: To have sovereignty and control over the food that is imported

- Explore purchasing strategies to exert control over imported foods
 - Buying local Ontario food that is closest geographically to your community, establishing food buying clubs (bulk food orders)
 - Re-establishing the food distribution system-cost effective
 - Using your power as a consumer to change what is brought into your communities



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Objective 5: To support community nutrition practices

- To complement and build on current food programming

Cooking classes, cook book sharing, link food you eat with health, diabetes, obesity



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Objective 6: To conduct research in NAN communities to further the food strategy

Identify effective practices and leadership that exists in NAN communities

- connecting youth to the land/Elders, knowledge sharing/skill building
- Greenhouses, barns, gardens, alternative food markets (Good Food Box, Community markets, community kitchens)
- Support community champions-they are making a difference



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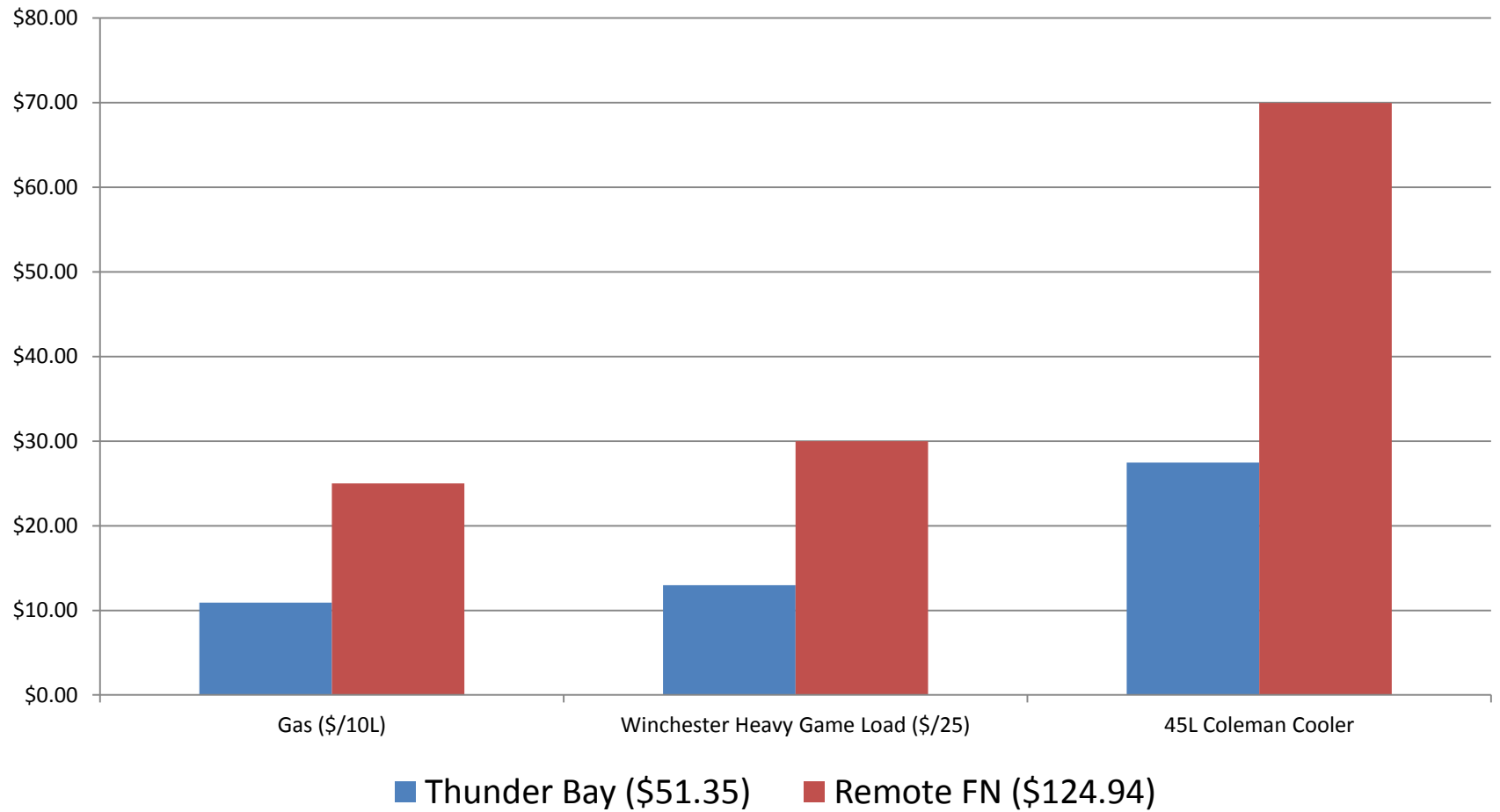
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Challenges/Opportunities

Food prices in Northern Ontario Communities:

Item	Weagamow (Jan2014)	Webequie (Jan2014)	Bearskin (Nov2013)
BV Bread	3.59	4.09	3.39
Wonder Bread	5.79	n/a	5.69
Mac. Apples 3#'s	8.59	7.75/kg	7.19
Bananas	5.95/kg	6.69/kg	3.49/kg (sale)
Cabbage	7.35/kg	7.49/kg	n/a
Onions	8.39/kg	5.69 2lbs.	n/a
BV Butter	6.19	6.95	6.79
Kraft Cheese Slices	5.79 single	10.85 doubles	9.99 doubles
Gold Seal Tuna	4.69	n/a	3.99
Evaporated Milk (can)	3.49	3.69	3.15
Rogers Sugar	5.69 2kg	17.29 4kg	9.99 2kg
BV Harvest Corn	2.39	2.49	2.69
Beatrice Milk 4L	9.99	14.59	10.79
BV Ground Beef	8.65	21.15/1.15kg	7.25
Chicken	8.59	16.60/1.1kg	5.39
Robin Hood Flour	41.59/10kg	39.19/10kg	25.99/5kg
Crisco Oil	4.59	11.79/1.42L	9.19
Cereal	8.95	9.29	9.49
Robin Hood Oats	6.35	8.69	9.29
Tenderflake Lard	n/a	4.99	4.99

Costs of Hunting and Fishing Supplies



Moving the NAN Food Strategy Forward

- Exploring a collaborative approach vs. short term funding applications.
- Currently have 17 Federal, Provincial, Regional, Non-Profits, Universities, Academics as partners.
- Funding, knowledge sharing, opportunities to leverage funds and share resources.
- FSAG Members
- Example: Our last meeting, clusters of partners focusing on parts of the Strategy (Greenhouse development, NAN Food Assessment)

Communities Taking Action



Fort Albany Alternative Market







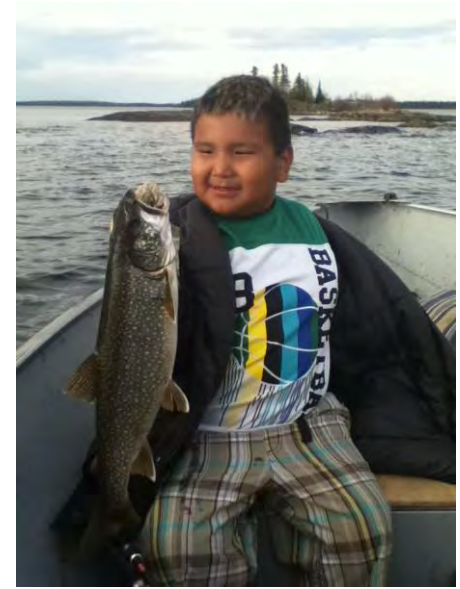
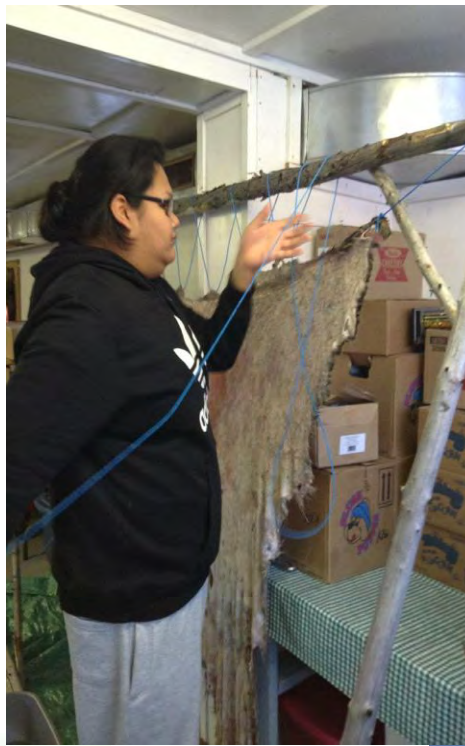
















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