

DEXTRIN CORN SWEETENER
CARAMEL MALT SYRUP **HONEY** **AGAVE**
EVAPORATED CANE SYRUP **DEXTROSE** BROWN RICE SYRUP
FRUCTOSE **BEET SUGAR**
GLUCOSE
EVAPORATED CANE JUICE
CORN SYRUP OR
CORN SYRUP SOLIDS **SUCROSE**



LOOK FOR THESE WORDS AS
SOURCES OF ADDED SUGAR



National
Aboriginal
Diabetes
Association

Association
Nationale
Autochtone
ou
Diabète